



Godavari Foundation's
DR. ULHAS PATIL MEDICAL COLLEGE & HOSPITAL,
Recognized by Medical Council of India, Approved by Central Govt. of India, New Delhi,
Letter no. MCI-34(41)/2012-med./158127, dated 05/02/2013
Affiliated to Maharashtra University of Health Sciences, Nashik [College Code-1306]
Jalgaon-Bhusawal Road, NH-6, Jalgaon Kh, Tal. & Dist. Jalgaon 425309
Tel. No. (0257)2366657, 2366678 Fax No. 0257-2366648
Email ID : dupmci@yahoo.in Web Site : www.dupmc.ac.in

BEST PRACTICES

Title of the practice: Well-being and Resilience Programs:

In order to foster a positive learning environment and avoid burnout, it is essential that the mental health and well-being of medical students and faculty members be acknowledged and addressed. The adoption of all-encompassing well-being initiatives that promote students' holistic development and foster a climate of self-care and resilience needs to be given top priority by medical schools.

Workshops on stress management, mindfulness training, mental health awareness campaigns, counseling services, peer support groups, and wellness initiatives are just a few examples of the many components these programs may entail. It is crucial to provide staff members and kids the tools and resources they need to get help when they need it and get mental health assistance. Topics like professional identity construction, self-care techniques, and work-life balance may also be included in the curriculum to promote well-being.

Encouraging a culture of resilience and well-being aids in the development of the abilities and tactics needed by instructors and students to deal with the difficulties of medical practice and teaching. It lessens the likelihood of burnout and attrition, promotes their mental and emotional health, and strengthens their capacity to provide compassionate care.

The ongoing assessment and enhancement of well-being programs has to be a top priority for medical institutions to make sure that they are adaptable to the changing demands of both staff and students. These efforts may be sustained and institutionalized with the support of mental health specialists and the integration of well-being programs into the entire structure of the organization.

Recall that encouraging resilience and well-being calls on the dedication and participation of the whole medical college community and should be a continuous focus.


Dean
Dr. Ulhas Patil Medical College
& Hospital, Jalgaon Kh.

Title of the practice: Inter professional Education (IPE):

Interprofessional education initiatives may assist students in acquiring the competencies required for productive cooperation and teamwork in healthcare environments. Students from many healthcare fields, including medical, nursing, pharmacy, and allied health, are brought together for interprofessional education so they may collaborate and learn from one another.

Medical colleges may assist students in developing a common awareness of the duties and responsibilities of each profession, encourage efficient communication and cooperation, and promote a patient-centered approach to treatment by providing opportunities for interprofessional learning. Case talks, simulated patient situations, team-based problem-solving exercises, and clinical rotations where students from many disciplines collaborate are examples of interprofessional activities.

Interprofessional education increases results for the healthcare system as well as patient care. Team-based care is becoming more and more necessary in the healthcare industry, and students who have participated in interprofessional education are better equipped to handle the challenges of working in these types of teams.

Medical colleges should work with other healthcare disciplines to create shared learning spaces, integrate interprofessional material into the curriculum, and cooperate with them to effectively execute interprofessional education. Furthermore, ongoing assessment and input from instructors and students may assist interprofessional education programs be improved and refined.

Recall that interprofessional education ought to be a crucial component of the medical school curriculum, guaranteeing that students acquire the abilities required to collaborate with other professionals in teams and provide patient-centered, coordinated treatment.


Dean
Dr. Ulhas Patil Medical College
& Hospital, Jalgaon Kh.